

**CONTRAINDICATIONS:** Please read each of the following bullet points and circle if you have, or have had in the past.

### Manual Lymphatic Drainage

- Acute Infection (i.e. Cellulitis)
- Cardiac Edema
- Bronchial Asthma
- Severe Congestive Heart Failure
- Hypertension
- Acute Deep Vein Thrombosis
- Acute Bronchitis
- Malignancies

### Compression

- Cardiac Edema
- Hypertension
- Arterial disease
- Sclerosis of the coronary arteries
- Spasticity
- Cardiac Arrhythmia
- Acute Infections
- Paresis/Paralysis
- Age \_\_\_\_\_
- Malignant Lymphedema
- Congestive Heart Failure
- Reflex Sympathetic Dystrophy

### Neck

- Carotid endoarterectomy
- Hyper/Hypo Thyroidism
- Carotid-Sinus Syndrome
- History of Cerebral Vascular Accident/Stroke
- Cardiac arrhythmia

### Abdominal

- Pregnancy (only if you are pregnant now)
- Congestive Heart Failure
- Menstrual period
- Dysmenorrhea
- Ulcerative colitis
- Diverticulitis
- Ileus
- Deep pelvic vein thrombosis
- Aortic aneurysm
- Crohn's Disease
- Radiation colitis
- Radiation Cystitis
- Any other inflammatory conditions in the abdominal area
- Recent abdominal surgery

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Initial

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Date